

LISTENING AUNTIES

COMMUNITY MENTAL HEALTH CARE



What is a Listening Auntie?

A Listening Auntie is a respected woman from the community. These women were chosen by the adolescents girls in their community as trusted individuals. They were also chosen for their ability to listen and to influence others. They then received a 3 day training in advanced listening and mental health referral to prepare for their role. This program is modeled on the Zimbabwe 'Friendship Bench' approach.

“ We listen to the girls attentively in a private place. Then I ask her 'what do you want to do?' We listen closely, ask her opinion, and when she tells us her plan, we help her take the proper steps. ”

Listening Auntie

17,000

During the course of three years, the Listening Aunties were visited over 17,000 times by young women in their communities.

405

Women Are Trained As Aunties In Nawabganj Sub-District

All Listening Aunties are unpaid volunteers.

What Issues are Aunties Seen for?

School Concerns

Suicide

Child Marriage

Menstrual Concerns

Sexual Harassment

Parental Pressure

Domestic Violence

Unwanted Arranged Marriage

Sexual

Early Pregnancy

Reproductive

Harassment

Abuse

Health

Relationship Issues

97%

Among females in the intervention area who knew who the Listening Aunties were, nearly 97% would recommend them to a friend.

Want to learn more about Listening Aunties and other mental health initiatives at LAMB? Contact mentalhealth@lambproject.org.